



EKNGB Anti-Doping Policy

Effective Date: 12/11/2025
Approved by: EKNGB Board of Directors
Review Date: 12/11/2026

Purpose and Commitment

The English Karate National Governing Body (EKNGB) is fully committed to protecting the integrity of karate and the health and rights of all participants by ensuring that the sport in England is clean, fair, and free from doping.

This policy sets out EKNGB's approach to anti-doping in accordance with:

- The UK National Anti-Doping Policy (2021).
- The UK Anti-Doping Rules issued by UK Anti-Doping (UKAD); and
- The principles and requirements of the World Anti-Doping Code (2021) and associated International Standards established by the World Anti-Doping Agency (WADA).

EKNGB adopts and implements these frameworks to ensure that karate in England upholds the highest standards of ethics, transparency, and sporting integrity.

Scope and Application

This policy applies to all:

- Athletes competing under the jurisdiction of EKNGB (including those on national teams, in domestic and international events, and talent pathways);
- Athlete support personnel (coaches, managers, medical staff, trainers, physiotherapists, etc.);
- Officials, administrators, and volunteers engaged in karate under EKNGB;
- Any other individual or organisation affiliated to EKNGB, its clubs, or events.

All covered persons are bound by and must comply with the UK Anti-Doping Rules, as updated from time to time by UKAD.

Authority

EKNGB recognises UK Anti-Doping (UKAD) as the national body responsible for:

- Testing and results management;
- Investigations into potential anti-doping rule violations;
- Delivery of education and prevention programmes;
- Enforcement of sanctions in accordance with the UK Anti-Doping Rules.

EKNGB cooperates fully with UKAD in the implementation of all aspects of the UK National Anti-Doping Policy.

Responsibilities

EKNGB Responsibilities

EKNGB will:

- Adopt and uphold the UK National Anti-Doping Policy and the UK Anti-Doping Rules;
- Recognise and enforce any sanction imposed under the UK Anti-Doping Rules;
- Support UKAD in the delivery of testing, investigations, and education;
- Ensure that anti-doping education is embedded into athlete development programmes;
- Maintain up-to-date records of individuals bound by anti-doping rules;
- Provide clear communication on anti-doping matters through official EKNGB channels; and
- Review this policy annually to ensure compliance with updates from UKAD and WADA.

Athlete Responsibilities

Athletes must:

- Abide by the UK Anti-Doping Rules;
- Ensure that no prohibited substance or method enters their body (Strict Liability);
- Make themselves available for doping control at any time;
- Complete mandatory education as directed by EKNGB or UKAD;
- Check all medications and supplements for compliance with the WADA Prohibited List;
- Apply for a Therapeutic Use Exemption (TUE) where necessary;
- Report any doping activity or suspicion of doping in accordance with UKAD's "Protect Your Sport" reporting mechanism.

Athlete Support Personnel Responsibilities

Support personnel (coaches, trainers, parents, medical staff) must:

- Promote and model clean sport behaviours;
- Complete anti-doping education as directed by EKNGB;
- Understand their influence and responsibilities under the UK Anti-Doping Rules;
- Report any suspected doping practices or behaviours;
- Refrain from possessing, trafficking, or administering prohibited substances or methods.

Education and Awareness

EKNGB recognises that education is essential to the prevention of doping and will:

- Work in partnership with UKAD to deliver 100% Me and other clean sport education programmes;
- Mandate education completion for national-level athletes, support staff, and coaches;
- Provide access to information about the Prohibited List, TUEs, and medication checking;
- Promote UKAD resources including:
- www.ukad.org.uk/athletes
- www.globaldro.com
- www.ukad.org.uk/tue

Testing and Investigations

EKNGB supports UKAD's authority to conduct doping control testing on its athletes at any time and location, in or out of competition.

All testing will be carried out in accordance with the International Standard for Testing and Investigations (ISTI).

EKNGB will cooperate fully with any investigation led by UKAD and ensure that all relevant individuals comply with their obligations under the UK Anti-Doping Rules.

Results Management and Sanctions

All results management, hearings, and appeals will be handled in accordance with:

- The UK Anti-Doping Rules; and
- The World Anti-Doping Code.

Any sanction, suspension, or disqualification imposed under these rules shall be recognised and enforced by EKNGB.

EKNGB will communicate outcomes transparently where required by UKAD, subject to confidentiality provisions.

Confidentiality and Data Protection

EKNGB will handle all personal data related to anti-doping matters in accordance with the UK General Data Protection Regulation (UK GDPR) and the Data Protection Act 2018.

Information will only be shared with UKAD or other relevant authorities where necessary to fulfil anti-doping responsibilities, as permitted by law.

Reporting Doping or Concerns

Anyone with knowledge or suspicion of doping activity in karate should report it confidentially to UKAD through the following channels:

- Online: www.ukad.org.uk/protect-your-sport
- Email: protectyoursport@reportdoping.com
- WhatsApp: +44 (0)7587 634711

EKNGB encourages a culture of openness and responsibility in reporting concerns to help protect clean athletes and the integrity of the sport.

Review and Compliance

This policy will be:

- Reviewed annually or following any major updates to the UKAD Rules or WADA Code;
- Approved by the EKNGB Board of Directors;
- Communicated to all relevant members, clubs, and personnel.

Failure to comply with this policy or the UK Anti-Doping Rules will result in disciplinary action under EKNGB's governance and disciplinary framework.

References and Supporting Documents

- UK National Anti-Doping Policy (2021)
- UK Anti-Doping Rules (current version)
- World Anti-Doping Code (2021)
- WADA International Standards
- UKAD "100% Me" Clean Sport Education Framework
- EKNGB Code of Conduct and Disciplinary Regulations

Contact

For any queries related to this policy, please contact:

EKNGB Board Anti-Doping Lead
Matthew Handley
matthew@englishkaratengb.co.uk
www.englishkaratengb.co.uk

EKNGB Anti-Doping Lead
Dave Inman
medical@englishkaratengb.co.uk
www.englishkaratengb.co.uk