



EKNGB Selections 2025/2026

Kata & Kumite selections

These are some key points about the EKNGB Selection procedure. Further information is available in the EKNGB Performance Manuals. These are with HOA, Association coaches and on EKNGB website in documents section.

- Selections will be operated by the National Head Coach, Referees and Performance Department.
- All athletes will compete under WKF rules and must wear WKF equipment for selections.
- All Kumite athletes will need to weigh in on the day of selections. As they would on a WKF Championships. They will need to be no more than 1kg above their weight category. *Example: Female -61kg must be no more than 62kg for weigh in for selection day.*
- The Chief Referee has the final decision on all areas during the selection day.
- There is no maximum or minimum contests that an athlete will have during their selection period.
- All athletes must be ready to compete at all times.
- If an athlete becomes injured or ill during selections, they must report this to the medical provision at once.
- No coaching is allowed during the selections.
- Selections has a closed-door policy. See Performance Department manuals.
- All athletes need to be available to talk to the Head Coach during the selections period, if needed.
- Selections will be based predominantly on the performance on the selection day but previous performances will be taken into account when

needed. This will be done at the discretion of the Head Coach and Performance Department.

- No decisions on selection will be made on the day.
- The selection panel and Head Coach will write to the successful athletes within 5-7 days of the selection date. But this is subject to change if needed.
- Only successful athletes will be told if selected. So, if you do not hear from the EKNGB in the above period it means you have not been successful on that selection day and have not been picked for the championships you are selecting for.
- Within the Kata and Kumite selection period any athlete could be called up to compete at anytime.
- The EKNGB will do selections in each WKF category if there is enough athletes available in a specific category on day. But if not. Certain athletes may move category's up and down by one category if needed.
- Just because an athlete competes in a specific category it will be up to the EKNGB whether they enter an athlete for that category in the championships selecting for. This will be determined on a number of factors including expense to EKNGB to send a certain size of squad, the category to produce results at championships and whether the selection panel feel the athlete warrants selecting for the National Team for those particular championships.
- If there is only one person in a selection category this does not automatically mean that athlete is selected.
- Team category selections will be done at the discretion of the Head Coach and Performance Department and based on selections and other performance variables.
- If you need to leave the selection area at anytime during your selection period tell the Head Coach and officials on your area.
- The only coaches allowed in the selection area are EKNGB Regional and National coaches. Only the Head Coach is part of the selection panel.
- All EKNGB staff and officers are allowed in the EKNGB selection hall at all times.
- If you have an injury before the selections start, then you must let the EKNGB medical team know before the start of selections.
- The final decision of the team selected, or squad selected is at the discretion of the Head Coaches and Performance Department. This is for all selection days.

All other elements of the selection are subject to change at anytime.

**Head EKNGB Coaches
EKNGB Performance Department
EKNGB Board**