



# EKNGB Code of Conduct for Children and Young People

*(Aligned with safeguarding best practice and Sport England expectations)*

## Purpose

This Code of Conduct sets out the standards of behaviour expected from all children and young people participating in karate under the English Karate National Governing Body (EKNGB).

Karate is built on respect, discipline, self-control and integrity. All young participants are expected to behave in a way that reflects these values and helps create a safe, positive and inclusive environment for everyone.

## Behaviour & Personal Conduct

All children and young people must:

- Show respect to coaches, officials, volunteers and fellow participants at all times.
- Listen carefully and follow instructions given by coaches and officials.
- Behave in a disciplined and responsible manner during training sessions, competitions and events.
- Use appropriate language and avoid swearing or offensive comments.
- Treat facilities, equipment and property with care.
- Wear appropriate karate uniform (gi) and protective equipment as instructed.
- Arrive on time and be prepared for training.

## Respect for Others

Participants must:

- Treat all individuals fairly and with kindness, regardless of age, gender, disability, race, religion, sexual orientation or background.
- Support and encourage fellow participants.
- Never engage in bullying, teasing, intimidation or discriminatory behaviour.
- Accept decisions made by coaches and officials respectfully.
- Demonstrate good sportsmanship in both victory and defeat.

# Safety & Wellbeing

Children and young people must:

- Follow all safety instructions given by coaches.
- Inform a coach if they feel unwell or injured.
- Report any unsafe behaviour, bullying or concerns to a trusted adult, coach or welfare officer.
- Respect personal boundaries and the boundaries of others.
- Never attempt techniques outside of supervised training sessions if it may cause harm.

## Online Conduct

When using social media or digital communication, participants must:

- Communicate respectfully with others.
- Never post inappropriate, offensive or discriminatory comments about teammates, coaches, officials or the EKNGB.
- Not share personal information about others without permission.
- Report any online bullying or inappropriate contact to a parent/carer or coach.

## Responsibility to the Sport

Participants are expected to:

- Uphold the values and reputation of karate and the EKNGB.
- Promote fairness, respect and integrity always.
- Take pride in representing their club and governing body positively.

## Breaches of the Code

Failure to follow this Code of Conduct may result in appropriate action being taken. This may include:

- A verbal warning
- Temporary removal from training or competition
- Contact with parents/carers
- Further action in line with EKNGB disciplinary procedures

Serious breaches involving safety or safeguarding concerns will be dealt with under the EKNGB safeguarding and disciplinary policies.

## Licensed Member Declaration

On becoming a licensed member of the EKNGB I understand that I am expected to follow this Code of Conduct and always behave in a respectful and responsible manner when taking part in karate activities.