



EKNGB Code of Conduct for Parents, Carers & Guardians.

(Aligned with safeguarding best practice and Sport England expectations)

Purpose

This Code of Conduct outlines the standards of behaviour expected from all parents and carers of children and young people participating in karate under the English Karate National Governing Body (EKNGB).

Parents and carers play a vital role in supporting young participants. Positive parental involvement helps create a safe, respectful and enjoyable environment where children can develop confidence, discipline and enjoyment through karate.

Positive Support & Encouragement

Parents and carers must:

- Encourage their child to participate for enjoyment, personal development and learning, not solely for winning.
- Support and praise effort, discipline and good sportsmanship.
- Help their child understand and follow the rules and values of karate.
- Encourage respect for coaches, officials and fellow participants.
- Model calm, respectful and responsible behaviour always.

Respect for Coaches, Officials and Volunteers

Parents and carers must:

- Treat all coaches, officials and volunteers with courtesy and respect.
- Recognise that coaches are responsible for technical decisions during training and competition.
- Avoid coaching from the sidelines during classes or competitions unless invited to do so.

- Raise concerns through the appropriate club or EKNGB channels rather than confronting individuals publicly.
- Never use abusive, threatening or discriminatory language or behaviour.

Safeguarding & Welfare

Parents and carers must:

- Prioritise the safety and wellbeing of all children.
- Inform coaches of any relevant medical conditions, injuries or additional needs.
- Ensure their child arrives on time and is collected promptly (where applicable).
- Report any safeguarding concerns, bullying or poor practice to the club Welfare Officer or association safeguarding officer, alternatively seek appropriate EKNGB guidance.
- Respect appropriate professional boundaries between coaches and participants.

Equality, Diversity & Inclusion

Parents and carers must:

- Treat all individuals fairly and with dignity, regardless of age, gender, disability, race, religion, sexual orientation or background.
- Promote inclusive participation and challenge discriminatory behaviour.
- Encourage their child to show respect and kindness to others.

Online Conduct

When using social media or digital communication, parents and carers must:

- Communicate respectfully about the club, coaches, officials and participants.
- Never post negative, abusive or defamatory comments.
- Avoid sharing images or personal information of other children without appropriate consent.
- Report concerns through formal channels rather than social media platforms.

Responsibility to the Sport

Parents and carers are expected to:

- Uphold the values and reputation of karate and the EKNGB.
- Promote fair play and good sportsmanship.
- Support the policies, rules and procedures of the EKNGB and affiliated clubs.
- Cooperate fully with any safeguarding or disciplinary investigations if required.

Breaches of the Code

Failure to comply with this Code of Conduct may result in appropriate action being taken. This may include:

- A formal warning
- Restrictions on attendance at training or competitions
- Suspension from events
- Action in line with EKNGB disciplinary procedures

Serious concerns involving safeguarding will be handled in accordance with EKNGB safeguarding policies.

Parent/Carer/Guardian Declaration

On my child licencing under the EKNGB I confirm that I have read, understood and agree to abide by this EKNGB Code of Conduct for Parents and Carers.