



## **SAFE PRACTICE POLICY**

**English Karate National Governing Body (EKNGB)**

**Effective Date:** 15 February 2026

**Next Review Date:** 15 February 2027

## **1. Purpose**

The English Karate National Governing Body (EKNGB) is committed to providing a safe, inclusive and positive environment for all participants involved in Karate across England. This policy aligns with the Safeguarding Code in Martial Arts and all existing EKNGB governance and safeguarding policies.

## **2. Policy Statement**

The welfare of children and adults at risk is paramount. Safe practice is embedded across governance, leadership, coaching and competition environments.

## **3. Scope**

This policy applies to all affiliated clubs, licensed coaches, volunteers, officials, board members, and national team activities sanctioned by the EKNGB.

## **4. Safe Recruitment**

All clubs must operate safer recruitment procedures including DBS checks where required, safeguarding training, insurance cover and a named safeguarding officer.

## **5. Safe Coaching Environment**

Training venues must be risk assessed, properly supervised, and maintain appropriate coach-to-student ratios. Professional boundaries must be upheld at all times.

## **6. Online Safety**

All communication must follow EKNGB online safety guidance and GDPR compliance. No inappropriate private messaging with children is permitted.

## **7. Anti-Bullying & Respect**

Zero tolerance approach to bullying, harassment, discrimination or abuse. Concerns will be managed under EKNGB disciplinary procedures.

## **8. Inclusion & Equality**

Karate must be accessible to all. Reasonable adjustments must be made where necessary in alignment with EKNGB Equality, Diversity & Inclusion Policy.

## **9. Competition Safety**

All sanctioned events must include medical provision, safeguarding presence, risk assessment and qualified officials.

## **10. Reporting Concerns**

All safeguarding concerns must be reported immediately to the Club Safeguarding Officer or EKNGB Lead Safeguarding Officer. Serious matters may be referred to statutory authorities.

## **11. Monitoring & Review**

The EKNGB Board will review this policy annually and ensure continued alignment with the Safeguarding Code in Martial Arts and Sport England governance requirements.