

ENGLISH
KARATE NCB



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KARATE

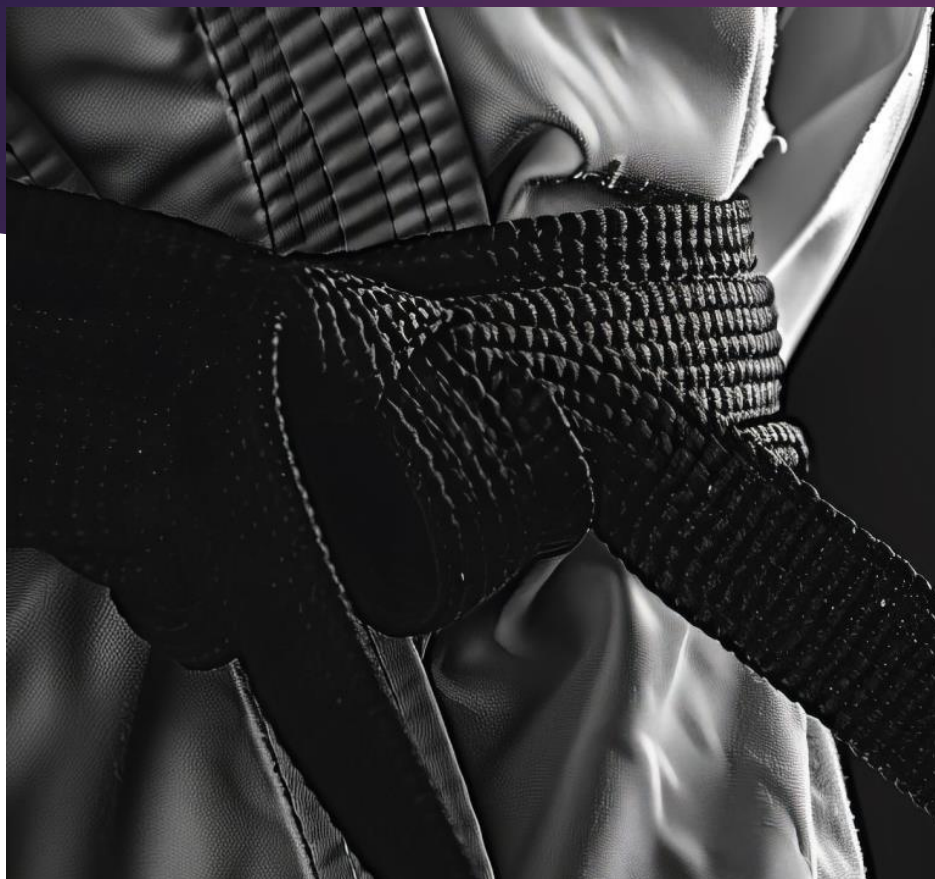


HOA Association meeting & Head coach

All for one and one
for all
Karate for all in

A CHANCE TO MEET THE PRESIDENT & DIRECTORS, SEE OUR PLANS AND ASK QUESTIONS

THE NEXT GENERATION OF KARATE IN ENGLAND

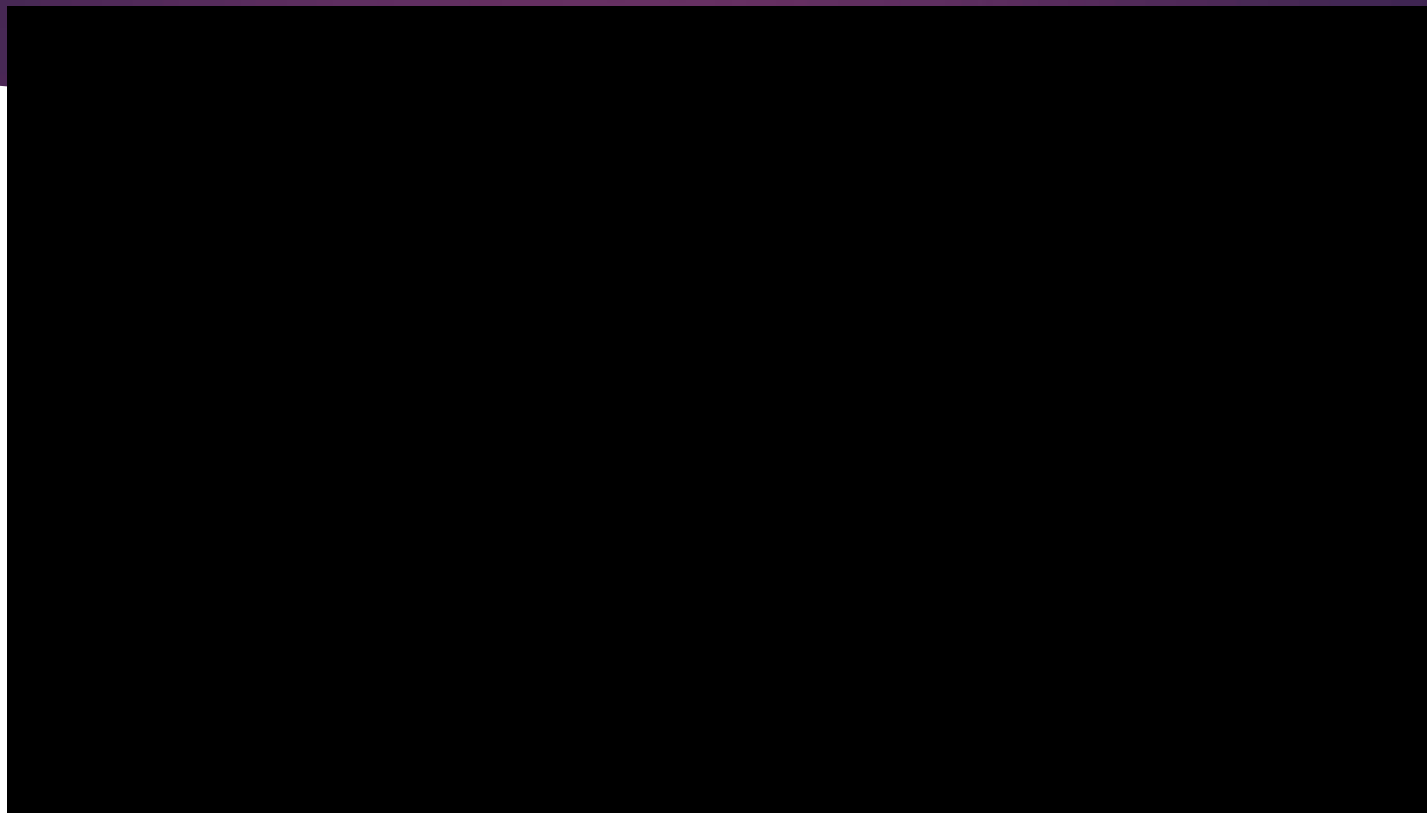


**ENGLISH
KARATE** NGB



All for one and one for all,
Karate for all in England

ENGLISH KARATE NGB



Overview of EKNGB

The EKNGB was established to unify and elevate the standard of karate across England. It aims to Support athletes, coaches, clubs and officials at all levels, Fostering a community that's values respect and friendship. The Organization is committed to providing clear leadership, high quality events, and a strong pathway for progression in karate.

Mission and values

The Mission of the EKNGB is to provide easy access for associations and members while upholding the core values of karate. The Organization emphasizes Transparency unit and growth, aiming to strengthen the traditional spirit of karate while opening new opportunities for collaboration and excellence.

MEET THE NEW BOARD

EKNGB Board of Directors

"Leading with Vision, Guided by Integrity – Shaping the Future of English Karate."



Dale Gamble

President



**Michael
Dinsdale**

WKF Representative



**Mathew
Handley**

Secretary

E-mail



Paul Simmons

Director

E-mail



Katie Simpson

Director

E-mail



Tracey McCillen

Director

E-mail

THE EKNGB TEAM

EKNGB directors - 6

EKNGB administration and office - 2

EKNGB Performance Department - 2

EKNGB Medical Department- 5

EKNGB first Aid department -1

EKNGB Referee Department- 1

EKNGB regional Coaches - 8

EKNGB National Coaches - 8

EKNGB finance department - 1

EKNGB safeguard and DP - 4/5

EKNGB Technical Commission- 2

EKNGB Championship Department- 1

EKNGB website, branding, and sponsorship department- 2

Total Team: 43

NGB Progress

Since its foundation in July 2025, the English Karate National Governing Body (EKNGB) has demonstrated bold vision, resilience, and determination in building a new future for karate in England. In a short period, the organisation has worked tirelessly to establish strong governance foundations, create meaningful opportunities for clubs, coaches, officials, and athletes, and promote a culture rooted in inclusion, integrity, and excellence. Through the development of national pathways, expanded England squad activity, coach education initiatives, and a clear commitment to safeguarding and ethical leadership, the EKNGB has begun to unite passionate members of the karate community under a shared purpose. Driven by belief, hard work, and a desire to leave a legacy for the next generation, the journey since July 2025 has not only been about growth it has been about courage, progress, and shaping a stronger, more inclusive future for the sport.

Sport 80

SPORT:80



EKNGB POWERED BY SPORT 80
COMING LIVE IN MAY 2026

Sport 80

The introduction of the Sport:80 digital management system represents a major step forward for the new national governing body and its long-term development. As a modern, cloud-based platform designed specifically for sport, Sport:80 allows the organisation to centralise key operations such as membership management, event registration, coaching qualifications, safeguarding compliance, and financial processes into one integrated system. This will enable greater efficiency, stronger governance oversight, improved data insight, and more meaningful engagement with clubs, athletes, coaches, and officials across the country. By automating compliance tracking and policy management, the platform also supports higher standards of transparency, accountability, and credibility all essential foundations for sustainable growth and future recognition. Moving forward, the adoption of Sport:80 positions the governing body to embrace digital transformation, strengthen its infrastructure, and build a more connected, professional, and progressive karate community.

GETTING READY FOR SPORT 80

Purpose of the System

- Maintain accurate national membership records
- Strengthen safeguarding and welfare compliance
 - Improve governance transparency
- Support athlete and coach development pathways
 - Align with national sport governance standards

Safeguarding Team

Safeguarding team positions

DSL – Dennis Mlambo

Safeguarding Officer – Lesley Constable (Darrington)

Safeguarding review panel

Michelle Edwards, Fiona Clifton, Lesley Constable, Katie Simpson, Dennis Mlambo

Board member DSL – Katie Simpson

Safeguarding code for martial arts

Approved NGB



IN MARTIAL ARTS

Sport England



***SPORT
ENGLAND***

Sport England

The English Karate National Governing Body (EKNGB) continues to work with unwavering commitment and determination to meet the Karate Framework requirements set by Sport England, recognising the importance of strong governance, safeguarding, and organisational integrity in shaping the future of the sport. Significant progress has already been made, with many of the key requirements now fulfilled, including the strengthening of policies, compliance processes, coach and club standards, and the embedding of robust safeguarding structures aligned to the Safeguarding Code in Martial Arts and wider national expectations. The organisation is actively engaging in ongoing discussions with Sport England and is providing detailed evidence to demonstrate the substantial work undertaken to build a transparent, accountable, and sustainable governing body. This period represents not only hard work behind the scenes, but also a clear statement of intent to raise standards, earn trust, and create a credible national structure that puts the welfare of participants and the long-term growth of karate at the heart of everything it does.

Performance Department

Two key documents for running and basic structure of performance department
Manual 1 and 2.

Structure return to Regions - National A Squad - TIER 1 Kumite, Para and Kata for
support - Elite Kata - England Team

Young Lions England for U11 Years Sessions and Team to attend WKF Youth Camp
and U12 World Cup Yearly

Regional Team to attend Presidents Cup to represent region

England Team to European U21, European Senior, Commonwealth and
World Championships (U21 & Senior) plus qualification event for World
Championships

Key Performance Target championships for department

2026 England Young Lions attend a WKF event and put team in to compete

2026 Commonwealth Championships

2027 European Senior Championships (Team and Ind)

2027 European U21 Championships

2028 World Cup (Team) - Send a team

Key Performance Department KPL for department initial set up

Support from Coventry University for EKNGB Tier 1 athletes (number to be confirmed) and EKNGB Coaches through workshops

Expand EKNGB medical team and provide one for England Team.

Use EKNGB sporting license to help support all Performance areas for all age groups and levels from grass routes up (Young Lions, Regions, A Squad, England Team)

Special Advisors to provide guidance and support for EKNGB coaches and mentorship for senior athletes where needed.

Consult on areas of performance department.

Provide a sponsorship deal for EKNGB National Teams.

EKNGB Coaching team

3 Regional kata coaches

3-6 Regional Kumite Coaches

1 Head Para Coach

4 National Kata Coaches (with one Head Coach)

3 National Kumite Coaches (with one Head Coach)

1 Head Young Lions Coach Kata and Kumite

Structure and key points

Venues are around the country and in all four regional hubs - Southwest, Southeast, Midlands and Northern Use of large and well-equipped venues.

Easily accessible from major motorways

Communication for EKNGB department through email, what's app and phone. Sport80 to be included when set up.

EKNGB Coaching meetings on zoom and face to face for performance meetings and workshops.

Clear communication from EKNGB Performance to HOA's and then Association Coaches.

Clear selection document. Set for 2025 - 2026. Sent before selections started for major championships. WKF and EKNGB referees used. EKNGB

Logistics and Bookings Team for championships

Budgets for how much EKNGB can pay to support England Team. Example - European U21 Championships 2026 - £600 contribution from EKNGB to each athlete for support for Championships. Athlete contribution £850 - Cost per athlete to attend £1450.

Full and transparent line of decisions making from EKNGB Board through Performance Department to EKNGB Head Coaches to athletes and HOA's when needed. HOA's are responsible from communicating details to their Head Association Coach. EKNGB coaches all on a self-employed basis

EKNGB Medical all on a self-employed basis

EKNGB Young Lions pathway document

EKNGB Elite Kata pathway document linked to regions

All performance documents of relevance are for all members to see on www.englishkaratengb.co.uk in following sections. Sport Karate, England team, Regional, Referees, governance. EKNGB

LINE OF COMMUNICATION document is one EKNGB website.

Communication of structure in zoom meetings and general meetings by EKNGB Board and Performance Department.

Always respond to email and phone calls from Association coaches and HOA's. Contact from EKNGB when necessary to both aswell.

Looking to the future for English karate



Proud New National Sponsors



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Growing a better future for karate in
England

In summary, the EKNGB plays a crucial role in shaping the future of karate in England, focusing on inclusivity, excellence, and the preservation of traditional values while adapting to modern needs.